



No Limits Youth Board 2010-2011

Description, Responsibilities and Important Dates

No Limits

No Limits is Nebraska's first youth-led movement that exposes and opposes the tobacco industry's manipulative marketing tactics. We are teens joining forces to change Big Tobacco's influence on our state.

No Limits Youth Board

The Youth Board is the guiding body for the entire movement. Board members plan, implement and participate in statewide events, activities, and marketing strategies for No Limits; engage in local activism; serve as youth leaders; educate teens on tobacco issues; and empower Nebraska youth to take action.

Applicants need to be 14-18 years old, entering grades 9th-12th in the fall of 2010.

What to Expect:

Youth Board members will have the opportunity to meet new friends, travel, build their resume, gain leadership skills, develop cool projects, fight Big Tobacco and have a lot of fun. Members serve from June 2010 to June 2011.

Some responsibilities include:

- Participate in conference calls on the second Sunday of every month at 7 pm
- Attend quarterly board meetings (June, September, January, March)
- Assist in planning and leading the activism summit
- Serve on one Youth Board Committee
- Abide by the Youth Board Code of Conduct
- Fulfill Youth Board Expectations as agreed upon at the June Meeting
- Have fun

Board Meetings

Attendance at board meetings and on conference calls is essential to a productive board. These meetings need to be a priority in board members' schedules. Attendance at the June Board Meeting and the Fall Summit is mandatory for all board members. Missing these events may result in dismissal from the board. Transportation, lodging and meals are provided for all board meetings.

-June Meeting – June 7-10, 2010

-September Meeting – September 4-5, 2010

-Fall Summit - November 19-21, 2010

-January Meeting – January 15-16, 2011

-Kick Butts Day – Late March or early April

-Conference Calls – Second Sunday of the month at 7 pm.

Deadline: April 27, 2010

All applications must be **received** by this date to be considered. Announcements will be made May 5, 2010. Telephone interviews, if necessary, will be conducted April 28th – 30th.

Application Checklist

- 1) Contact Information
- 2) Essays
- 3) One letter of recommendation **or** a creative project
- 4) Signatures

Send completed applications to:

No Limits
Attn: Amanda
300 S 68th Street Place
Lincoln, NE 68510

Questions? Contact us at:

1-866-FYI-TEEN or info@NoLimitsNebraska.com



No Limits Youth Board - 2010-2011 Application

Applications must be received by April 27, 2010.

Youth Information

Name: _____ Birthday: ____/____/____ Grade (09/10): _____

Email address: _____ School: _____

Home phone: (_____) _____ Cell Phone: (_____) _____ Gender: _____

Address: _____ City: _____ Zip: _____

Check the appropriate box:

Ethnicity (Optional):

- | | | |
|---|---|---|
| <input type="checkbox"/> White/Caucasian | <input type="checkbox"/> Hispanic/Latino | <input type="checkbox"/> American Indian/Native Alaskan |
| <input type="checkbox"/> Black/African American | <input type="checkbox"/> Asian/Pacific Islander | <input type="checkbox"/> Other _____ |

How did you hear about the No Limits Youth Board? _____

Questions

Now for some fun stuff. Answering these questions TRUTHFULLY and ENTIRELY will help us to get to know you, your dreams, passions, and talents. Let us know everything and anything!

- 1) Create an informal "Top 5" about you and your likes, dislikes, goal, hobbies, causes, etc
- 2) Why do you want to be on the No Limits Youth Board?
- 3) What talents and/or experience would you bring to the board?
- 4) What is one word that describes you? Explain.
- 5) Consider this situation: you are in a room with several other high school aged youth from across the state and everyone agrees on an idea, but you disagree, what would you do to get your opinion across?
- 6) Express your views on the tobacco industry (this can be an essay, poem, sketch, etc)
- 7) What has been your involvement in tobacco prevention, activism or youth leadership? Please provide examples.
- 8) What are 3 things you would like to see No Limits do or change for this upcoming year? Anything is possible.
- 9) Do you or your friends use tobacco, cigarettes or smokeless? If so, which brand(s)? *(Answering yes will NOT hurt your chances of being accepted. No Limits is against the tobacco industry, not the tobacco user!)*

Please provide one letter of recommendation OR submit a creative project.

Letter of Recommendation - This should be a community, school or organizational leader who knows you well.

Creative Project - A poem, video, sketch, collage... this is about creative expression on a topic you choose.

Signatures

I've read the No Limits Youth Board requirements and responsibilities and am willing to fulfill them to the best of my abilities. I'm interested in learning the truth about Big Tobacco and empowering youth across the state to spread No Limits messages through activism. I'm willing to be a leader, a team player and an activist as part of the No Limits Youth Board.

Youth's Signature

Parent's/Guardian's Signature

Youth's Name Printed

Parent's/Guardian's Name Printed

Date

Date